



RILEY COUNSELING LLC  
PSYCHOLOGICAL SERVICES

**PLEASE GIVE THIS FORM TO ANY CARE PROVIDER (PSYCHOTHERAPIST OR PSYCHIATRIST)  
YOU WANT TO BE INCLUDED IN YOUR PSYCHOLOGICAL ASSESSMENT**

Dear Care Provider,

Thank you for taking a moment to collaborate with Riley Counseling LLC in supporting our mutual client. As part of the assessment process, we try to gather information from the people who know the client best—and that absolutely includes you. Your perspective gives us important context that testing alone cannot capture.

**I WANT TO EMPHASIZE THAT THIS DOES NOT NEED TO BE A FORMAL WRITE-UP OR POLISHED REPORT.** You can respond in whatever format is easiest—bullet points, a few quick paragraphs, or even brief notes. Sometimes therapists, clients, and assessors see the same patterns; other times, we may have different perspectives. Both are incredibly helpful. **You see the client over time and in a therapeutic relationship, and that insight is something I cannot replicate through testing alone.**

To help guide your response, please share anything relevant in the following areas:

1. **Diagnostic Impressions**

Any diagnoses you've made, considered, or are still exploring.

2. **Rule-Outs**

Anything you feel confident *is not* contributing to the clinical picture.

3. **Client Summary**

A brief overview of the client's history, presenting concerns, strengths, challenges, and anything notable you've observed during treatment. Changes over time are especially helpful.

4. **What Helps / What Doesn't**

Approaches, interventions, or strategies that the client responds well to—and those that do not seem effective.

5. **Additional Documents (Optional)**

If you have any notes, treatment summaries, or previous evaluations you think would add context, feel free to include them—but it's absolutely not required.

Again, this does not need to be formal. Your genuine clinical impressions are what we value most.

You can send responses to:

**Email:** drbreeriley@gmail.com

**Fax:** 570-791-2324

Thank you for taking the time to share your perspective and for the work you're already doing with our shared client. I truly appreciate your collaboration.

Warmly,

**Bree Riley, Psy.D.**

Riley Counseling LLC

drbreeriley@gmail.com